

# Long Beach Flute Institute

10th annual

## Summer Day Camp

June 25-29, 2013

## Adult Flute Day

Saturday June 29, 2013

Information: Rena Urso-Trapani 562-537-7810 [RMUrso2@aol.com](mailto:RMUrso2@aol.com)

Happy Campers!



# The Long Beach Flute Institute

## Summer Day Camp

June 25-29, 2013

**Darrin Thaves & Rena Urso-Trapani Co-Directors**

The Long Beach Flute Institute is pleased to announce the tenth annual Summer Flute Camp. The camp is designed for flutists of all playing levels who wish to spend a week devoted to improving their flute-playing skills. All are invited to attend this exciting week of recitals, performance classes, flute choir, chamber music, body mapping, master classes and more!

## Sample Day Camp Daily Schedule

### LBFi Summer Day Camp provides:

1. a unique experience that enhances existing school programs;
2. specific flute playing pedagogy;
3. ensemble training for students of all levels;
4. much needed performance opportunities.

### Tuition:

**\$350** (on/before June 15, 2013)  
**\$380** (after June 15, 2013)

|            |                     |
|------------|---------------------|
| 9:30 a.m.  | Student Drop-Off    |
| 9:45 a.m.  | Warm-Ups & Pedagogy |
| 10:30 a.m. | Scales, ect. Class  |
| 11:00 a.m. | Flute Choir         |
| 12:00 p.m. | Lunch               |
| 12:30 p.m. | Chamber Music       |
| 1:15 p.m.  | Performance Class   |
| 2:00 p.m.  | Music Jeopardy      |
| 2:30 p.m.  | Break               |
| 2:45 p.m.  | Recital             |
| 3:30 p.m.  | Student Pick-Up     |

# Sample Adult Flute Day Schedule

|            |                           |
|------------|---------------------------|
| 9:00 a.m.  | Body Mapping              |
| 9:45 a.m.  | Warm-Ups & Pedagogy       |
| 11:00 a.m. | Masterclass               |
| 12:15 p.m. | Lunch                     |
| 12:45 p.m. | Masterclass               |
| 1:45 p.m.  | Faculty Recital           |
| 2:30 p.m.  | Flute Choir Sight-reading |
| 4:00 p.m.  | Camp Finale Concert       |

## The Long Beach Flute Institute LBFi Adult Flute Day Saturday June 29, 2013

**Darrin Thaves & Rena Urso-Trapani Co-Directors**

The Adult Flute Day is celebrating its 7th year with another exciting program. Flutists of all experience levels will enjoy body mapping, warm-ups, master-classes with Dr. Barcellona and Ms. Urso-Trapani, a question and answer session, and more. The Adult Flute Day was started to give adult amateurs and recreational players an environment to improve their playing skills.

### Tuition:

**\$120** (on/before June 15, 2013)  
**\$150** (after June 15, 2013)



# Body Mapping

with Rena Urso-Trapani  
9:00 am

The body map is one's self-representation in one's own brain, it tells us how big or small we are, where our bones and joints are located and how they work. If our body map is accurate, movement is good. If our body map is inaccurate or inadequate, movement is inefficient and injury-producing. In Body Mapping, one learns to gain access to one's own body map through self-observation and self-inquiry. Body Mapping is the conscious correcting and refining of one's body map to produce, coordinated, effective movement. Body Mapping, over time, with application, allows any musician to play like a natural. It is a tool that is useful in many different settings from music studios to exercise studios to our daily activities. Body Mapping not only helps musicians avoid injury; it also enhances musicians' technique. The practical application of Body Mapping to music making was developed by William Conable, professor of cello at the Ohio State University School of Music. He observed that students move according to how they think they're structured rather than according to how they are actually structured. When the students' movement in playing becomes based on the students' direct perception of their actual structure, it becomes efficient, expressive, and appropriate for making music.

Andover Educators is the company that was founded by Barbara Conable in 1998 to train musicians to teach the course "What Every Musician Needs to Know About the Body." Barbara Conable, the founder of Andover Educators, is now retired from her career as an internationally renowned teacher of the Alexander Technique. "What Every Musician Needs to Know about the Body", her book and her course, are informed by the insights of F. M. Alexander, as well as other Somatic disciplines and current findings in the neuroscience of movement.



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# Meet the Faculty...



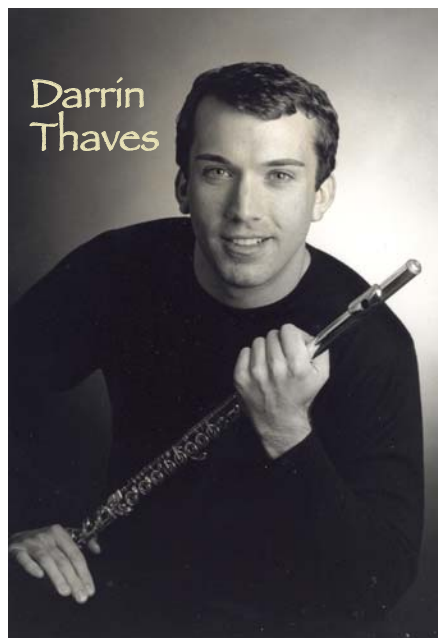
# LBFi

## The Long Beach Flute Institute

was founded in 2003 to provide expert, specialized flute instruction in a positive and non-competitive environment to flutists in the Los Angeles and Orange County areas.



### Co-Directors:



Darrin  
Thaves

Darrin Thaves is the Principal Flutist of the Northwest Sinfonietta and Instructor of Flute at the Bob Cole Conservatory of Music at CSULB. Co-founder and director of the Northwest Flute Collegium and Pacific Flute Ensemble, he is also the competition coordinator for CSULB's Annual Flute Competitions. Mr. Thaves is an honors graduate from the University of Puget Sound (B.M.) and CSULB (M.M.). He was also the winner of the 2000 Seattle Ladies Musical Club Young Artist Competition as well as numerous NFA Competitions.



Rena  
Urso-Trapani

Rena Urso-Trapani is the Second Flutist of the Oakland East Bay Symphony, the San Francisco Opera Center Orchestra, and the Oregon Coast Music Festival and Instructor of Flute at the Bob Cole Conservatory of Music at CSULB. She is a graduate of Wayne State University (B.M.) and CSULB (M.M.). Previously, Ms. Urso-Trapani was Piccoloist of the New York City Opera National Company and the San Francisco Opera's Western Opera Theater. She has also played with the Detroit Symphony Orchestra, the Pacific Symphony, the American Ballet Theater, the Bolshoi Ballet, the Santa Barbara Chamber Orchestra, the Pageant of the Masters Orchestra, and the Honolulu Symphony Orchestra.

## Guest Artists:



Benjamin  
Smolen

Benjamin Smolen was appointed Principal Flutist of the Pacific Symphony Orchestra in 2011. He has won top prizes at the Haynes International Flute Competition, the James Pappoutsakis Memorial Flute Competition, and the New York Flute Club's Young Artist Competition. He has given solo performances with the Princeton University Orchestra, Charlotte Civic and Youth Orchestras, and the Gardner Webb Symphony Orchestra. His performances have been featured on NPR, WGBH-Boston, French National Radio, and the Naxos and Mode record labels. Benjamin completed his undergraduate studies in the Music and Slavic departments at Princeton University. He subsequently earned a Performance Diploma from the Moscow Conservatory and a Master of Music degree at the New England Conservatory. His teachers include Paula Robison, Michael Parloff, and Jayn Rosenfeld. For more information, visit: [www.benjaminismolen.com](http://www.benjaminismolen.com) <<http://www.benjaminismolen.com>> .

Meet  
the  
LBFI  
Faculty...



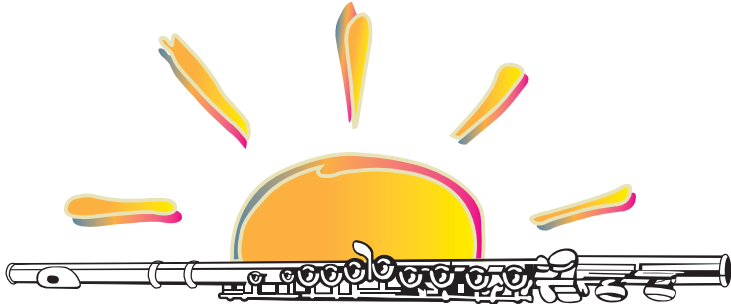
Janelle  
Barrera

Janelle Barrera has been an active private instructor, clinician and free-lance musician for the past 18 years. Janelle received her B.M. from CSULB with Dr. John Barcellona and M.M. from Indiana University, Bloomington with Thomas Robertello. Janelle also attended the prestigious Aspen School of Music on scholarship where she studied with Mark Sparks. She is Principal Flute of the Southern California Philharmonic and a member of the ALLOY Wind Duo. Janelle serves on the faculty of the Orange County School of the Arts and is the current President of the Los Angeles Flute Guild. She is a certified Certificate of Merit instructor for the Music Teacher's Association of California.



Kathleen  
Dyer

Kathleen Dyer received her B.M. from CSULB where she was a student of Dr. John Barcellona and a M.M. in piccolo performance from APU with LA Phil's piccoloist Sarah Jackson. A previous winner in both the NFA Piccolo Masterclass Performer and Piccolo Artist competitions, she is also the author of "One Octave Higher: A Scale and Etude Book for Piccolo". A member of the San Bernadino, Asia America and LA Classical Ballet Orchestras, she is also the founder of the Southern California Fife and Drum Corps.



## Long Beach Flute Institute

Campers, adults  
and faculty rehearse  
together for the  
Grand Finale!



A concert  
for family and  
friends. Come  
join us!

